

\$3.00 Suggested Donation

March 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Funded in part by the US administration on aging and state funds by the Rhode Island Department of Elderly Affairs.</i></p> <p><i>All menu items may contain Nuts, seeds, beans, wheat bran, and other allergens</i></p>	<p><u>Salad for the Month</u> Grilled Chicken-Cucumber Mandarin Orange-Crispy Noodle Iceberg -Sesame Ginger Dressing Begins Monday March 6</p> <hr/> <p>Farm Fresh RI Harvest of the Month Dairy is featured on the 15th/ 24th</p>	<p>1 Clear Chowder Florentine Fish Crispy Potatoes Carrots Fresh Fruit Wheat Bread</p> <p><i>(Turkey Salad on Wheat)</i></p>	<p>2 Chicken Noodle Soup Pot Roast w/Low Sodium Vegetable Gravy Red Bliss Mashed Potatoes Zucchini Vanilla Pudding Roll</p> <p><i>(Sliced Chicken & Cheese on a Bulky Roll)</i></p>	<p>3 Butternut Squash Soup Roasted Chicken Leg Quarter Rice Pilaf Mixed Vegetables Mandarin Oranges Marble Bread</p> <p><i>(Meatloaf Sandwich on Marble)</i></p>
<p>6 Onion Soup Tuna Salad Pasta Salad Marinated Beet & Onion Salad Shortbread Cookie Garlic Roll</p> <p><i>(Ham Salad on Rye)</i></p>	<p>7 Low Sodium Beef Barley Soup Fried Steak w/Country Gravy O'Brien Potatoes Garlic Spinach Diced Pears Wheat Bread</p> <p><i>(Chicken Salad on Wheat)</i></p>	<p>8 Tomato Vegetable Soup Chicken w/Artichokes/Roasted Peppers/Green Beans in Lemon Sauce Mashed Potatoes Tomato Half Pudding Pumpernickel Bread</p> <p><i>(Shrimp Salad on Pumpernickel)</i></p>	<p>9 Escarole & Bean Soup Sweet and Sour Roasted Pork Loin Whole grain rice Asparagus Tips Fresh Fruit Wheat Dinner Roll</p> <p><i>(Eggplant Parmesan on a Roll)</i></p>	<p>10 Red Chowder Lemon Baked Fish Roasted Potatoes Apple Cider Cole Slaw Ice Cream Rye Bread</p> <p><i>(Hot Dog on a Roll)</i></p>
<p>13 Chicken & Brown Rice Soup Herb Roasted Chicken Garlic Mashed Potatoes Green Beans Sliced Peaches Multi Grain Bread</p> <p><i>(Seafood Salad on Multi Grain)</i></p>	<p>14 Venus de Milo Soup Stuffed Cabbage w/Sauce Basil Rice King Edward Blend Vegetables Tapioca Pudding Wheat Bread</p> <p><i>(Pastrami & Swiss on Wheat)</i></p>	<p>15 100% Juice Turkey Chili w/Local Cheese Corn Bread Seasoned Broccoli Spears Fruit Cocktail</p> <p><i>(Cheeseburger on a Bun)</i></p>	<p>16 Birthday Celebration Tomato Vegetable Soup Shepherds Pie Prince Edward Blend Vegetables Frosted Cupcake Garlic bread</p> <p><i>(Turkey Meatloaf on Wheat)</i></p>	<p>17 <u>St. Patrick's Day</u> Split Pea Soup Corned Beef w/Mustard Seasoned Boiled Potatoes Cabbage & Carrot Medley Lime Jello Rye Bread</p> <p><i>(Tuna on Rye)</i></p>
<p>20 <u>St. Joseph's Day</u> Pasta Fagioli Italian Sausage Seasoned Shells Peppers & Onions Spumoni Ice Cream Garlic knotted roll</p> <p><i>(Egg Salad on a Roll)</i></p>	<p>21 Chicken Escarole Soup Stuffed Turkey w/Cranberry & Sage Stuffing w/Low Sodium Gravy Brussels Sprouts Fresh Fruit Pumpernickel Bread</p> <p><i>(Honey Ham & Cheese on Pumpernickel)</i></p>	<p>22 Orange Juice Cheese Omelet w/Tomato Slice Sausage Patty Crispy Cubed Potatoes Fruited Yogurt</p> <p><i>(Fish Sandwich and Side Tossed Salad)</i></p>	<p>23 Kale & Bean Soup Beef Wellington Peas & Onions Salad w/Dressing Pudding Wheat Dinner Roll</p> <p><i>(Fresh Mozzarella & Tomato on Sicilian Bread)</i></p>	<p>24 <u>Seafood Chowder made with Local Dairy Products</u> Baked Haddock Roasted Potatoes Sliced Carrots Peanut Butter Cookies Rye Bread</p> <p><i>(Corned Beef & Swiss on Rye)</i></p>
<p>27 Lentil Soup Baked Ham w/Sliced Pineapple Sweet Potatoes Winter Blend Vegetables Tropical Fruit 9-Grain Bread</p> <p><i>(Chicken Salad on 9-Grain)</i></p>	<p>28 Turkey Vegetable Soup Roasted Airline Chicken Mashed Potatoes Green Beans Frosted Brownie Marble Bread</p> <p><i>(Tuna on Marble)</i></p>	<p>29 Egg Drop Soup Pulled Pork Baked Beans Cole Slaw Apple Sauce Rye Bread</p> <p><i>(Turkey & Cheese on a Roll)</i></p>	<p>30 Roasted Corn Chowder Grilled Chicken Red Bliss Roasted Potato Broccoli Cuts Hoodsie Cup Wheat Bread</p> <p><i>(Italian Grinder)</i></p>	<p>31 Minestrone Soup French Meat Pie w/Ketchup Seasoned Spinach Fresh Fruit Oatmeal Bread</p> <p><i>(Seafood Salad on Oatmeal)</i></p>